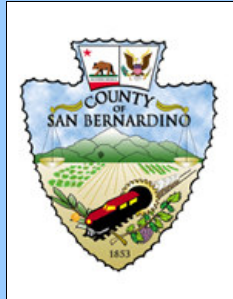


**SAN BERNARDINO COUNTY
DEPARTMENT OF BEHAVIORAL
HEALTH**



**ACCESS UNIT
RESOURCE LIST**



“GETTING OUR CLIENTS CONNECTED”

ACCESS UNIT

Local 909.381.2420
Toll-Free 888.743.1478
Fax 909.386.0770
TDD 888.743.1481

ACCESS UNIT RESOURCE GUIDE

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ADDENDUM 1—Community Action Partnership of San Bernardino County-Directory of Services 2006

ADDENDUM 2—Community Resource Numbers, San Bernardino/Mountain Area

Access to Services

San Bernardino County Access to Services

In case of emergency call 911 or go to the nearest hospital

Access Unit

How Do I get These Services?

The goal of the San Bernardino County Mental Health Program is to provide services in a timely manner. You may contact the ACCESS Unit 24-hours a day via our toll free line at (888) 743-1478. You may also walk-in or call one of the Department of Behavioral Health's outpatient clinics during the hours listed on this website. You may also contact a Contract Clinic or MHP Fee-for-Service Provider.

When you contact the ACCESS Unit, a mental health professional will provide you with information, provide screening and referrals and discuss the types of services that would be most helpful to you. The ACCESS Unit will refer you to a Department of Behavioral Health clinic, Contract Clinic, or Fee-for-Service Provider that will best meet your cultural, linguistic and treatment needs. You have the right to request a list of services providers by contacting the ACCESS Unit.

For Emergency Walk-In Mental Health Services After Hours, visit the:

Extended Hours Triage (for Adults)

Behavioral Health Resource Center (BHRC)

850 E. Foothill Boulevard

Rialto, CA 92376

Phone: (909) 421-9342

Walk-In Hours of Operation: Monday through Friday 5:00 pm-10:00 pm

Open Holidays 2:00 p.m. – 10:00 p.m.

Arrowhead Regional Medical Center (ARMC)

Emergency Psychiatric Unit

400 N. Pepper Avenue

Colton, CA 92324

(909) 580-1800

ARMC has crisis care and Emergency screenings.

Children's Crisis Response Team (CCRT)

The Children's Crisis Response Team is a community-based mobile crisis response program for children experiencing a psychiatric emergency. The team responds to crises involving children and adolescents in the West and East Valley areas of San Bernardino County (from Yucaipa to Chino Hills).

For the Children's Crisis Response Team, please call:

(909) 421-9233 Monday through Friday 8am – 10pm and

(909) 420-0560 (Pager number), Weekends and Holidays 2pm – 10pm

Leave your phone number after the beep and the Crisis Response Team will return your call.

Alcohol & Drug Programs

San Bernardino County Department of Behavioral Health Office of Alcohol and Drug Programs provides a full range of alcohol and drug services for its communities and residents. Prevention, outpatient and residential programs are offered in every significant population center in the County through contracts with community-based organizations.

If you are in need of **Alcohol and Drug Services please call the San Bernardino County Access Unit at 1-888-743-1478**. The Access Unit provides services 24 hours a day.

CMSP CLINICS (County Medical Services Plan)**Also called MIA, Medically Indigent Adults**

**For San Bernardino County adult residents with no minor children, earning
\$690.00/month or less if single, \$1114.00/month or less if married**

Arrowhead Fontana Family Health Center	Phone: 909.422.8029
16854 Ivy Avenue Fontana, CA 92335	ZIP: 92335, 92336
Arrowhead McKee Family Health Center	Phone: 909.422.8029
2372 Sterling Avenue San Bernardino, CA 92404	ZIP: 92305, 92313, 92314, 92315, 92317, 92318, 92321, 92322, 92325, 92333, 92341, 92352, 92354, 92357, 92369, 92373, 92374, 92375, 92378, 92382, 92385, 92386, 92391, 92399, 92402, 92403, 92404, 92406, 92409, 92412, 92413, 92414, 92415, 92416
Arrowhead Westside Community Family Health Center	Phone: 909.422.8029
1543 W. 8 th Street San Bernardino, CA 92411	ZIP: 92324, 92401, 92405, 92407, 92408, 92410, 92411
Dr. Jason Boutros, MD, INC.	Phone: 909.949.9299
1267 West 7 th St. Upland, CA 91768	ZIP: 91701, 91708, 91709, 91710, 91729, 91730, 91737, 91739, 91761, 91766, 91784, 91785, 92316, 92326, 92334, 92337, 92358
Dr. Mike's Walk-In Clinic	Phone: 760.256.6426
716 E. Main Street Barstow, CA 92311	ZIP: 92309, 92310, 92311, 92312, 92323, 92327, 92328, 92332, 92338, 92342, 92347, 92351, 92364, 92365, 92366, 92398, 93528, 93562
Dr. Mike's Urgent Care	Phone: 760.949.1231
15791 Bear Valley Rd. Hesperia, CA 92345	ZIP: Same as for High Desert Community Care Center—Client can choose in most cases
Dr. Thomas & Associates	Phone: 760.361.8525
6186 Adobe Rd Twenty-Nine Palms, CA 92277	ZIP: 92277, 92278, 92304, 92319
Dr. Thomas & Associates	Phone: 760.228.3366
55585 Twenty-Nine Palms Highway Yucca Valley, CA 92284	ZIP: 92252, 92256, 92268, 92284, 92285, 92286, 92356
Dr. Mike's Urgent Care	Phone: 760.949.1231
15791 Bear Valley Rd. Hesperia, CA 92345	ZIP: Same as for High Desert Community Care Center—Client can choose in most cases

CMSP CLINICS (continued)

Fontana Family Medical Center	Phone: 909.428.3900
17264 Foothill Blvd, Ste. AB Fontana, CA 92335	ZIP: 92376, 92377
High Desert Community Care Center	Phone: 760.951.8988
14075 Hesperia Rd, Suite 201 Victorville, CA 92392	ZIP: 92301, 92307, 92308, 92329, 92340, 92345, 92368, 92371, 92372, 92392, 92393, 92394, 92397
Montclair Family Urgent Care	Phone: 909.621.4446
4950 San Bernardino St. Ste 202 Montclair, CA 91763	ZIP: 91743, 91758, 91759, 91762, 91763, 91764, 91786
Needles Public Health	Phone: 760.326.9230
1406 E. Bailey Ave, Suite D Needles, CA 92363	ZIP: 92242, 92267, 92363
SAC (Social Action Community) Health Center	Phone: 909.382.7100
1455 East 3 rd Street San Bernardino, CA 92408	ZIP: 92346, 92359 All staff bilingual, Spanish-English

NO LONG TERM RESIDENTIAL CARE FACILITIES ARE LISTED.

CONTRACT AGENCIES

MENTAL HEALTH, ALCOHOL / DRUG CLINICS

AEGIS –	ADS CLIENTS ONLY
Hesperia Clinic	
11959 Mariposa Rd, Suite 2 Hesperia, CA 92345	
P: (760) 956 - 2462 F: (760) 956 – 7542	M-F 5:30am-9:30am /10:30-2pm Dosing closes 12pm Sat-Sun 7-9am
Ontario Clinic	ADS CLIENTS ONLY, Methadone
125 W "F" St Ontario, CA 91762	
P: (909) 986 - 4550 F: (909) 986 - 4506	M-F 5-1:30pm S/S and Holidays 5:45 – 8:30
Casa De San Bernardino, Inc.	ADS CLIENTS ONLY
735 N "D" St, Suite 7&8 San Bernardino, CA 92401	Youth 14-21 ADS, PC1000
P: (909) 381 - 5507 F: (909) 888 – 5938	M-Th. 8-5
Crestforest Family Services	
23406 Crest Forest Drive Crestline, CA 92325	Adult and Children, Food Bank
P: 909.338.4689 F: 909.338.8230	M-Thurs. 9-5
EMQ Children & Family Services	MHS
572 N Arrowhead, Suite 200 San Bernardino, CA 92401	Quick response team (Children) M-Th 24 hrs. Response (909) 754-0038
P: (909) 266 - 2700 F: (909) 266 - 2710	M-F 8-5pm
Inland Behavioral and Health Services	
1963 N. "E" St. San Bernardino, CA 92405	MEDI-CAL and SLIDING FEE
P: 909.881.6146 F: 909.881.0111	Mon.-Thurs. 8-6 Fri. 8-5
Inland Mental Health Associates, Inc. – Canyon Ridge	
5353 "G" St. Chino, CA 91710	
P: (909) 590 - 3700 F: (909) 590 – 4019	
Inland Valley Drug & Alcohol Recovery Services (IVDARS)	ADS CLIENTS ONLY
916 N Mountain Ave, Suite A Upland, CA 91786	
P: (909) 932 - 1069 F: (909) 932 – 1087	

CONTRACT AGENCIES- Continued

Inland Valley Drug and Alcohol Recovery Services - The Recovery Center	ADS CLIENTS ONLY
934 N Mountain Ave, Suite A&B Upland, CA 91786	
P: (909) 949 - 4667 F: (909) 931 – 3774	
Inland Behavioral and Health Services	
1963 N. "E" St. San Bernardino, CA 92405	
P: 909.881.6146 F: 909.881.0111	Mon.-Thurs. 8-6 Fri. 8-5
Lutheran Social Services- (formerly Bear Valley Counseling Center)	MHS stopped accepting sliding fee
41945 Big Bear Blvd., Suite 200 Big Bear Lake, CA 92315	MEDI-CAL, MEDICARE, DCS REFERRALS- GRANTS FOR INDIVIDUALS WITH NO FUNDS
MAILING ADDRESS: P.O. Box 1927, Big Bear Lake, CA 92315	Mon-Fri, 8-5* *Hours vary at other locations in Barstow- 760.256.7279, Joshua Tree-760.366.1180, San Bernardino-909.888.8451, and Victorville- 760.947.4220
P: 909.866.5070 F: 909.878.3228	
Matrix Institute	ADS CLIENTS ONLY
9375 Archibald Ave, Suite 204 Rancho Cucamonga, CA 91730	
P: (909) 989 - 9724 F: (909) 989 – 0249	
Mental Health Systems, Inc. – Fontana Regional Recovery Center	
7993 Sierra Ave, Suite K Fontana, CA 92336	
P: (909) 822 - 8720 F: (909) 822 -8438	
PRIDE Program	For Probationers Only, By Referral Only
1874 Business Center Dr. San Bernardino, CA 92408	
P: (909) 386 - 0437 F: (909) 386 - 0529	
Redlands Center for Change	
802 Colton Ave, Suite C Redlands, CA 92374	
P: (909) 335 - 2989 F: (909) 335 - 1701	
Barstow Center for Change	
200 E Williams St Barstow, CA 92311	
P: (760) 256 - 9224 F: (909) 256 - 9257	

Comment: Eileen Hofer – Compliance Officer (they stopped accepting sliding fee in sept. 05)

Fontana Center for Change	
7965 Sierra Ave Suite L Fontana, CA 92336	
P: (909) 357-4585 F: (909) 357-4589	
Needles Center for Change	
300 "H" Street Needles, CA 92363	
P: (760) 326 - 4590 F: (760) 326 - 3154	
Victor Valley Center for Change	
15770 Mojave Dr, Suite K-L Victorville, CA 92392	
P: (760) 843 - 7809 F: (760) 843 - 7810	
Merrill Community Services	
8627 Wheeler Fontana, CA 92335	
P: (909) 823 - 0609 F: (909) 823 - 4187	
Morongo Basin Counseling and Recovery Center – Panorama Branch	ADS & MHS
55475 Santa Fe Trail Yucca Valley, CA 92284-3117	MEDI-CAL, MEDICARE & PRIVATE INSURANCE ONLY
P: 760.365.3022 F: 760.365.3513	Mon. –Fri., 8-5
Twenty Nine Palms	MHS
5910 Adobe Rd. #E 29 Palms, CA 92277	MEDI-CAL, MEDICARE & PRIVATE INSURANCE ONLY
P: (760) 361 - 7124 F: (760) 361 - 4059	Mon. –Fri., 8-5
Rockin' Recovery Center	
7301 Apache Trail Yucca Valley, CA 92286	
P: (760) 228 - 3241 F: (760) 365 - 8206	
One 2 One Mentors, Inc.	
16245 Desert Knoll Dr Victorville, CA 92392	
P: (760) 245 - 1997 F: (760) 245 - 9774	
Pacific Clinics – Child/Family Services- Ontario	School/Home Based Children MHS
337 N. Vineyard Ave, Suite 320 Ontario, CA 91764	MEDI-CAL ONLY, Accepts children up to age 21
P: 909.605.0514 F: 909.605.9571	Mon-Fri, 8-4

Revised 6/20/06

CONTRACT AGENCIES- Continued

Pacific Clinics (Continued) – East Yucca Valley	
58967 Business Center Drive, Suite H Yucca Valley, CA 92284	MEDI-CAL ONLY, Accepts children up to age 21
P (760) 228 - 9657 F (760) 369 - 6758	M-F, 8:00-4:30
West Yucca Valley	MHS
55887 Yucca Trail Yucca Valley, CA 92284	MEDI-CAL ONLY, Accepts children up to age 21 Call East Yucca Valley to avoid answering service
P (760) 228 - 0026 F (760) 365 - 7027	M-F, 8:00-4:30
Para Los Ninos - San Bernardino Family Resource Center	
1535 N Baker Ave, Suite 2C Ontario, CA 91764	
P (909) 981 - 5550 F (909) 981 - 5334	
People's Choice– San Bernardino	
1505 W Highland Ave, Suite 343 San Bernardino, CA 92411	
P (909) 886 - 4414 No Fax	
Hi Desert Absolute Freedom Resource & Recovery Center	
16519 Victor St, Suite 305 - 307 Victorville, CA 92392	
P (760) 843 - 7723 F (760) 843 - 9923	
R.A.P. Community Recovery Services	
17205 Arrow Blvd Fontana, CA 92335	
P (909) 356 - 9390 F (909) 356 - 0120	
Reach Out West End., Inc.	
1126 W Foothill Blvd, Suite 130 Upland, CA 91786	
P (909) 982 - 8641 F (909) 982 - 8642	
Rim Family Services	
28545 Highway 18 Skyforest, CA 92385	
P (909) 336 - 1800 F (909) 336 - 0990	

CONTRACT AGENCIES- Continued

Rolling Start, Inc.	
570 W 4 th St, Suite 103 San Bernardino, CA 92401	
P (909) 884 - 2129 F (909) 386 - 7446	
San Bernardino Sexual Assault Services	
444 N. Arrowhead Ave., Ste 101 San Bernardino, CA 92401	24 Hour Crisis Hotline 800-656-4673 NO CHARGE FOR SERVICES
P (909) 885 - 8884 F (909) 383 - 8478	Mon-Fri, 8-5
Silverlakes Youth Services	
35225 "A" Ave, Suite 203 Yucaipa, CA 92399	
P (909) 797 - 0096 F (909) 797 - 5148	
South Coast Children's Society, Inc.	
2990 Inland Empire Boulevard, Suite 100 Ontario, CA 91764	MHS Medi-cal Only Wraparound Services, By Referral Only
P (909) 483 - 2077 F (909) 483 - 2081	24/7 Rene Keres/Wraparound Director
St. John of God Health Care Services - Community Based Recovery Service Center	
15534 Sixth St Victorville, CA 92392	
P (760) 241 - 4917 F (760) 241 - 8911	
Telecare Corporation - San Bernardino ACT	
423 Mackay Dr San Bernardino, CA 92408	
P (909) 388 - 9191 F (909) 388 - 9195	
Valley Star Child & Family Services	
1585 S. D Street, Suite 101 San Bernardino, CA 92410	EPSDT Contract
P 909.388.2222 F 909.388.2220	
Victor Community Support Services, Inc. - Desert Mountain FICS, /North Valley Schools	
14360 St. Andrews Drive, Suite 11 Victorville, CA 92395	Children's MHS MEDI-CAL and PACIFICARE ONLY, Wraparound, EPSDT, Psychiatrist on site
P 760.245.4695 F 760.245.5896	Mon-Fri, 8-5
San Bernardino FICS	
1908 Business Center, Suite 220 San Bernardino, CA 92408	MEDI-CAL ONLY
P 909.890.5930 F 909.890.5950	Mon-Fri, 8-5

Victor Treatment Centers, Inc. Victor Children's Services	Residential Group home placement
2915 N. Little Mountain Drive San Bernardino, CA 92405	MEDI-CAL Eligible
P (909) 886 - 1691 F (909) 881 - 8694	Mon-Fri, 8-5
Vista Guidance Centers— Administration	
1323 W. Colton Ave. Suite 200 Redlands, CA 92374	See each Center—Barstow, Highland, Redlands, The Clubhouse, Vista, & Yucaipa
P (909) 792 - 0747 F (909) 792 - 1057	
Barstow (formerly Oasis Counseling Center)	
309 E. Mt. View suite 100 Barstow, CA 92311	
P (760) 256 - 0376 F (760) 256 - 0377	
Highland Guidance Center (formerly RYGCA)	MHS and ADS
3694 Highland Ave, Suite 19 & 24 Highland, CA 92346	Adult ADS treatment, Parenting & Anger Management Classes Call for details
P (909) 425 - 9316 F (909) 425 - 9327	
Redlands Guidance Center	
1323 W. Colton Ave., Suite 100 Redlands, CA 92375	MEDI-CAL, MEDICARE & FULL PRICE PRIVATE PAY
P 909.792.0747 F 909.792.1057	Mon-Fri, 8-8; Sat, 9-6
Victorville (formerly Oasis Counseling Center)	
15447 Anacapa Rd Suite 200 Victorville, CA 92392	
P (760) 245 - 9446 F (760) 951 - 8986	
Vista Recovery Center	ADS CLIENTS ONLY
939 N. "D" St. San Bernardino, CA 92418	
P 909.381.5100 F 909.381.5101	Mon-Thurs, 10-8; Fri & Sat, Noon-2 a.m.; Sun, Noon-10 p.m.
Yucaipa Guidance Center	
34324 Yucaipa Blvd., Suites. C Yucaipa, CA 92399	MEDI-CAL, MEDICARE & Private Insurance Only
P 909.790.0210 F 909.797.9687	Mon-Fri, 8-8; Sat, 9-6

CONTRACT AGENCIES- Continued

Valley Guidance Center	
34324 Yucaipa Blvd., Suites. C Yucaipa, CA 92399	MEDI-CAL, MEDICARE & Private Insurance Only
P 909.790.0210 F 909.797.9687	Mon-Fri, 8-8; Sat, 9-6
West Coast Health Care Services - Recovery Treatment Center	
4761 Arrow Hwy Montclair, CA 91763	
P (909) 625 - 3818 F (909) 399 - 3147	
Colton Clinical Services	
2275 E Cooley Dr Colton, CA 92324	
P (909) 370 - 1777 F (909) 370 - 1776	
West End Family Counseling	
855 N. Euclid Ave. Ste. 3 Ontario, CA 91762	MEDI-CAL, SLIDING FEE, INDIVIDUALS WITH NO FUNDS
P 909.983.2020 F 909.983.6847	Mon-Wed, 9-8; Thurs, 9-5; Closed Friday
Westcare Arizona, Inc. - Needles	
800 W Broadway, Suite D Needles, CA 92363	
P (760) 326 - 3135 F (760) 326 - 6305	

DBH by DISTRICT	
FIRST DISTRICT SUPERVISOR BILL POSTMUS (909) 387-4830	
CITIES IN FIRST DISTRICT Adelanto, Amboy, Apple Valley, Argus, Baker, Baldy Mesa, Barstow, Big River, Cadiz, Cima, Daggett, Earp, Edwards A.F.B., Essex, Fort Irwin, Goffs, Helendale, Hesperia, Hinkley, Kelso, Kramer, Lenwood, Ludlow, Lucerne Valley, Mt. Pass, Needles, Newberry Springs, Nipton, Oak Hills, Oro Grande, Parker Dam, Phelan, Pinon Hills, Randsburg, Red Mountain, Rice, Silver Lakes, Summit Valley, Trona, Twentynine Palms, Victorville, Vidal, Wonder Valley, Wrightwood, Yermo	
DBH CLINICS	
Barstow Clinic ADS Clinic Supervisor: Rosaline Tanishita 805 E. Mt. View Barstow, CA 92311 Phone (760) 256 - 5026 Fax (760) 256 - 5092 Monday, Wednesday & Friday 8:00 a.m. to 5:00 p.m. Tuesday & Thursday 8:00 a.m. to 6:30 p.m.	Needles Behavioral Health Clinic Supervisor: John Luther 1300 Bailey Ave. Needles, CA 92363 Phone (760) 326 -9313 Fax (760) 326 - 9340 Monday through Friday 8:00 a.m. to 5:00 p.m.
Barstow Counseling Clinic Supervisor: Rosaline Tanishita 805 E. Mt. View Barstow, CA 92311 Phone (760) 256 - 5026 Fax (760) 256 - 5092 Monday, Wednesday & Friday 8:00 a.m. to 5:00 p.m. Tuesday & Thursday 8:00 a.m. to 6:30 p.m.	Trona Counseling Center Clinic Supervisor: 13209 Market St. Trona, CA 93562 Phone (760) 372 - 5081 Fax (760) 372 - 5089 Monday- Friday 7:30 a.m. to 4:00 p.m. (Closed the 2 nd Thursday of each month)
Lucerne Valley Clinic Clinic Supervisor: Penny Banfield 32700 Old Woman Springs Rd. Ste. C Lucerne Valley, CA 92356 Phone (760) 248 - 6612 Fax (760) 248 - 3389 Monday - Friday 8:00 a.m. to 5:00 p.m. 2 nd and 4 th Saturday of each month 8:00 a.m. to 5:00 p.m. by appointment Mailing Address: P. O. Box 2025, Lucerne Valley, CA 92356-2025	Victor Valley ADS Clinic Supervisor: Kerry Turner 12625 Hesperia Rd. Victorville, CA 92392 Phone (760) 955 - 1777 Fax (760) 955 - 2356 Monday & Wednesday & Friday 8:00 a.m. to 5:00 p.m. Tuesday & Thursday 8:00 a.m. to 8:00 p.m. Orientation is on 2 nd and 4 th Friday of the month at 9:30am
Hesperia Behavioral Health Center Clinic Supervisor: Penny Banfield 14628 Main St. Hesperia, CA 92345 Phone (760) 244 - 0576 Fax (760) 948 -8244 Monday & Wednesday 8:00 a.m. to 6:30 p.m. Tuesday, Thursday and Friday 8:00 a.m. to 5:00 p.m. 1 st and 3 rd Saturday of each month 7:30 a.m. to 4:30 p.m.	*Victor Valley Behavioral Health Center Clinic Supervisor: Kerry Turner 12625 Hesperia Rd. Victorville, CA 92395 Phone: (760) 955 -1777 Fax (760) 955 -2356 TDD (760) 955 - 7458 Monday & Wednesday & Friday 8:00 a.m. - 5:00 p.m. Tuesday & Thursday 8:00 a.m. to 8:00 p.m. Walk In -Monday-Friday 8 -2:30pm
Victor Valley Perinatal Substance Abuse Treatment Center Clinic Supervisor: Michele Finn-Cretarola 11951 Hesperia Rd. Hesperia, CA 92345 Phone (760) 956 -6780 Fax (760) 956 -3761 Monday through Friday 8:00 a.m. to 5:00 p.m.	

DBH by DISTRICT**SECOND DISTRICT
SUPERVISOR PAUL BIANE (909) 387-4833****CITIES IN SECOND DISTRICT**

Alta Loma, Cedarpines Park, Crestline, Devore, Etiwanda, Fontana* (portion of), Glen Helen, Lytle Creek, Mt. Baldy, Rancho Cucamonga, San Antonio Heights, Silverwood, Upland, Valley of Enchantment

DBH CLINICS***Upland Community Counseling
Clinic Supervisor: Carol Michelson**

934 N. Mountain Ave. Suite C
Upland, CA 91786

Phone (909) 579-8100 Fax (909) 579-8149
Monday, Tuesday & Friday 8:00 a.m. to 5:00 p.m.
Wednesday & Thursday 8:00 a.m. to 8:00 p.m.

***Vista Counseling
Clinic Supervisor: Michael Schertell**

17216 Slover Avenue Bldg. L
Fontana, CA 92337

Phone (909) 854-3420 Fax (909) 428-8437
TDD (909) 854-3421
Monday & Tuesday 8:00 a.m. to 5:30 p.m.
Wednesday & Thursday 8:00 a.m. to 8:00 p.m.
Friday 8:00 a.m. to 5:00 p.m.

**THIRD DISTRICT
SUPERVISOR DENNIS HANSBERGER (909) 387-4855****CITIES IN THIRD DISTRICT**

Angelus Oaks, Arrowbear, Baldwin Lake, Barton Flats, Big Bear City, Big Bear Lake, Blue Jay, Boulder Bay, Bryn Mawr, Cedar Glen, Crafton, East Highlands, Erwin Lake, Fawnskin, Flamingo Heights, Forest Falls, Fredalba, Grand Terrace, Green Valley Lake, Highland, Johnson Valley, Joshua Tree, Lake Arrowhead, Landers, Loma Linda, Mentone, Moonridge, Morongo Valley, Mountain Home Village, Oak Glen, Patton, Pioneer Town, Reche Canyon, Redlands, Rimforest, Running Springs, San Bernardino* (portion of), Seven Oaks, Skyforest, Sugarloaf, Twin Peaks, Yucaipa, Yucca Valley

DBH CLINICS**East Valley Resource Center
*Children's Services**

Clinic Supervisor: Tim Webber
820 E. Gilbert St.
San Bernardino, CA 92415

Phone (909) 387-7200 Fax (909) 387-7717
TDD (909) 387-0554

Monday & Thursday 8:00 a.m. to 6:00 p.m.
Tuesday & Wednesday 8:00 a.m. to 8:00 p.m.
Friday 8:00 a.m. to 5:00 p.m.

***Phoenix Clinic/SWIFT - Adults**

Clinic Supervisor: Tim Webber
820 E. Gilbert St.
San Bernardino, CA 92415

Phone (909) 387-7000 Fax (909) 387-7206
TDD: (909) 387-7788

Monday through Thursday 8:00 a.m. to 8:00 p.m.
Friday 8:00 a.m. to 5:00 p.m.

Boys and Girls Club

Clinic Supervisor: Robert Varenelli
1180 W. 9th Street
San Bernardino, CA 92411

Phone (909) 388-4295 Fax (909) 381-7900
Monday through Friday 8:00 a.m. to 5:00 p.m.

**FOURTH DISTRICT
SUPERVISOR GARY OVITT (909) 387-4866****CITIES IN FOURTH DISTRICT**

Chino, Chino Hills, Montclair Ontario

DBH CLINICS**Chino Multiple Diagnosis**

Clinic Supervisor: Tim DeChenne
ADS/Perinatal Substance Abuse
6180 Riverside Dr. Ste. H
Chino, CA 91710

Phone (909) 590-5355 Fax (909) 590-5333

Monday, Thursday & Friday 8:00 a.m. to 5:00
Tuesday & Wednesday 8: a.m. to 8:00 p.m.

DBH by DISTRICT

FIFTH DISTRICT SUPERVISOR JOSIE GONZALES (909) 387-4565

CITIES IN FIFTH DISTRICT

Bloomington, Colton, Fontana * (portion of), Muscoy, Rialto, San Bernardino* (portion of), San Bernardino Airport (SBD)

DBH CLINICS

<p>Behavioral Health Resource Center AgeWise Clinic Supervisor: Arvita Crabtree 850 E. Foothill Boulevard Rialto, CA 92376 Phone: (909) 421-9470 Fax: (909) 873 -4461 Monday - Friday 8am to 5 pm</p>	<p>Behavioral Health Resource Center Perinatal Substance Abuse Treatment Services Clinic Supervisor: Cynthia Curbow 850 E. Foothill Boulevard Rialto, CA 92376 Phone (909) 421-9206 Fax (909) 421-9457</p>
<p>Behavioral Health Resource Center Alcohol & Drug Treatment Services Clinic Supervisor: Cheryl Long 850 E. Foothill Boulevard Rialto, CA 92376 Phone (909) 421-9465 Fax (909) 421-9466</p>	<p>Behavioral Health Resource Center PORTALS Clinic Supervisor: Bob Varinelli 850 E. Foothill Boulevard Rialto, CA 92376 Phone (909) 421-9495 Fax (909) 421-9494</p>
<p>Behavioral Health Resource Center Adult Residential Services Clinic Supervisor: Ben Cooley 850 E. Foothill Blvd. Rialto, CA 92376 Phone (909) 421-9495 Fax (909) 421-9494 Monday-Friday 8:00 AM to 5:00 PM</p>	<p>Behavioral Health Resource Center Perinatal Substance Abuse Treatment Services Clinic Supervisor: Cynthia Curbow 850 E. Foothill Blvd. Rialto, CA 92376 Phone (909) 421 - 9206 Fax (909) 421-9457</p>
<p>Behavioral Health Resource Center Centralized Hospital After Care Services / Transportation Clinic Supervisor: Arvita Crabtree 850 E. Foothill Blvd. Rialto, CA 92376 Phone (909) 421-9365 FAX (909) 421-9392 Monday through Friday 7:30 a.m. to 5 :00 p.m.</p>	<p>Nueva Vida - Youth & Family Services Clinic Supervisor: Elaine Holzer 290 N. 10th Street, Suite 102 Colton, CA 92324 Phone (909) 825-6188 Fax (909) 872-0652 Monday & Wednesday 8:00 a.m. to 8:00 p.m. Tuesday & Thursday 8:00 a.m. to 5:30 p.m. Friday 8:00 a.m. to 5:00 p.m. Opened 2nd and 4th Saturday 8-5pm by appointment only</p>
<p>Behavioral Health Resource Center Conservatorship Investigation Unit Coordinator: Robert Sawicky 850 E. Foothill Blvd. Rialto, CA 92376 Phone: (909) 421-9380 Fax: (909) 421-9494 Monday-Friday 8:00 AM to 5:00 PM</p>	<p>*Vista Counseling Clinic Supervisor: Michael Schertell 17216 Slover Avenue Fontana, CA 92337 Phone (909) 854-3420 Fax (909) 428-8437 TDD (909) 854-3421 Monday & Tuesday 8:00 a.m. to 5:00 p.m. Wednesday & Thursday 8:00 a.m. to 8:00 p.m. Friday 8:00 a.m. to 5:00 p.m.</p>
<p>Behavioral Health Resource Center *Mesa Counseling Clinic Supervisor: Sherwin Farr 850 E. Foothill Boulevard Rialto, CA 92376 Phone (909) 421-9200, 9201 Fax (909) 421-9219 Triage Phone: 909-421-9342 TDD (909) 421-9476 Monday, Thursday & Friday 8:00 a.m. to 5:00 p.m. Tuesday & Wednesday 8:00 a.m. to 8:00 p.m.</p>	<p>Centralized Children's Intensive Case Management Services CCICMS Clinic Supervisor: Tim Hougen 850 E. Foothill Blvd. Rialto, CA 92376 (909) 421-9300 Fax 909-421-9411 Monday through Friday 8:00 a.m. to 5:00 p.m.</p>

DBH REGIONAL CRISIS/WALK-IN CENTERS

CENTRAL VALLEY REGION

Mesa Counseling 850 E. Foothill Blvd., Rialto, CA 92376	BHRC Extended Hours Triage 850 E. Foothill Blvd., Rialto, CA 92376
MESA : 909.421.9200	TRIAGE : 909.421.9342
WALK-IN: Mon –Fri, 8 am – 2 pm	After Hours Crisis Walk-In: Mon-Fri 5 - 10 pm (Use Auditorium Entrance)
Service Area : Grand Terrace, Colton, West San Bernardino, Rialto	Service Area : All Regions Served

DESERT/MOUNTAIN REGION

Barstow Counseling Center 805 E. Mt. View, Barstow, CA 92376 For children and adults	Hesperia Behavioral Health Center 14628 Main St. Hesperia, CA 92345
760-256-5026	760-244-0576
WALK-IN: Mon, Thurs, Fri, 9 – 10:30 am; For Dual Diagnosis clients, Tues, 3 – 4:30 pm	CRISIS WALK-IN Mon - Fri, 8 am – 5 pm; other clients should call for appointments
Service Area : Barstow	Service Area : Hesperia
Lucerne Valley Clinic 32700 Old Woman Springs Rd. Ste. C Lucerne Valley, CA 92356	Needles Behavioral Health 1300 E. Bailey Ave., Needles, CA 92363
(760) 248 – 6612	(760) 326 –9313
WALK-IN Mon – Fri, 8 am – 5 pm, Children and Adults (MD not always available)	CRISIS WALK-IN, Mon – Fri, 8 am – 5 pm, other clients call for appointments Closed every other Friday
Service Area: Lucerne Valley	Service Area : Needles
Trona Counseling Center 13209 Market St.Trona, CA 93562	Victor Valley Behavioral Health Center 12625 Hesperia Rd., Victorville, CA 92395
(760) 372 – 5081	760.955.1777
WALK-IN DURING OPEN HOURS Mon – Fri 8 am – 4 pm closed 2 nd Thursday of each month	WALK-IN, Mon - Fri, 8 am – 2:30 pm Emergency Response Team: Police and Hospitals, call 760.955.1777, 8 am – 4 pm, Mon - Fri; call ERT cell phone 760.217.5338, 4-9 pm, 7 days/wk
Service Area: Trona	Service Area : Victor Valley, Apple Valley, Adelanto, Phelan

DBH REGIONAL CRISIS/WALK-IN CENTERS	
EAST VALLEY REGION	
East Valley Children's Services at EVRC 820 E. Gilbert St., San Bernardino, CA 92415 909-387-7200	Phoenix Outpatient Services 820 E. Gilbert St, San Bernardino, 92415 909-387-7000
WALK-IN: Mon –Wed, 8 am – 2 pm Children Only	WALK-IN: Mon-Fri 8am-4pm. Adults Closed for lunch 12 –1pm
Service Area: San Bernardino, Loma Linda, Highland, Redlands, Yucaipa, and all Mountain Communities except Big Bear	Service Area: San Bernardino, Loma Linda, Highland, Redlands, Yucaipa, and all Mountain Communities except Big Bear
WEST VALLEY REGION	
Upland Community Counseling 934 N. Mountain Ave., Ste. D Upland, CA 91786 909-579-8100	Vista Community Counseling 17216 Slover, Bldg. L., Fontana, CA 92337 909-854-3420
WALK-IN: Mon –Thurs, 8 am –12 pm, Adults Only	WALK-IN: Mon –Fri, 9 am –1 pm, Adults Only
Service Area : Upland, Ontario, Chino, Rancho Cucamonga, Montclair	Service Area : Fontana and Etiwanda, Ontario,

CalWORKs		Clubhouses	
The Department of Behavioral Health, CalWORKs program, is committed to delivering services to the community to enhance the quality of life. CalWORKs' goal is to assist people in improving their emotional health, and develop the skills necessary to obtain and maintain employment.		Clubhouses are programs run by clients or members who have minimal support from staff and offer job training, social activities and education.	
Barstow 1300 E. Mountain View Barstow, CA 92311 (760) 256-4303 Fax (760) 256-4255	Ontario 1637 E. Holt Street, Suite A Ontario, CA 91761 (909) 458-9486 Fax (909) 458-9738	Amazing Place-The Upland Social Club 934 N. Mountain Avenue, Suite C Upland, CA 91786 (909) 579-8157	Somewhere to Be 805 E. Mountain View Barstow, CA 92311 (760) 256 – 5026
Fontana 16730 Arrow Route Fontana, CA 92335 (909) 854-4085 Fax (909) 854-4091	Rancho Cucamonga 10825 Arrow Route, 2 nd Floor Rancho Cucamonga, CA 91730 (909) 945-0926 Fax (909) 945-0819	The Clubhouse 293 Tennessee Street Redlands, CA 92373 (909) 307-8337 Fax (909) 307-1267	Someplace to Go 32785 Old Woman Springs Road, Suite C Lucerne Valley, CA 9235 (760) 248-1007
Hesperia 15980 Main Street Hesperia, CA 92345 (760) 948-8704 Fax (760) 948-8725	Redlands 760 E. Stuart Avenue Redlands, CA 92374 (760) 248-6612 Fax (760) 248-3389	Central Valley Fun Clubhouse 1501 S. Riverside Avenue Rialto, CA 92376 (909) 877-4889 Fax (909) 877-4898	TEAM House 201 W. Mill Street San Bernardino, CA 92408 (909) 386-5000 Fax (909) 386-5009
Morongo Basin 55475 Santa Fe Trail Yucca Valley, CA 92284 (760) 365-3022 Fax (760) 365-3513	San Bernardino 1585 E. Highland Avenue San Bernardino, CA 92404 (909) 475-8574 Fax (909) 475-8592	Santa Fe Social Club 56020 Santa Fe Trail, Suite M Yucca Valley, CA 92284 (760) 369-4057 Fax (760) 369-9473	Victor Valley Clubhouse 12625 Hesperia Road Suite B Victorville, CA 92392 (760) 955-1777
	Victorville 12219 2 nd Avenue, Second Floor Victorville, CA 92392 (760) 955-3597 Fax (760) 955-3668		

DBH CLINICS/OFFICES

Alphabetically

ADS/Alcohol and Drug Services	850 E. Foothill Blvd. Rialto, CA 92376 Phone: 909.421.9465 FAX: 909.421.9466
ADS/Administration	700 E. Gilbert, Bldg. 6, San Bernardino, CA 92415 Phone: 909.387.0480 FAX: 909.387.0475
ADS/Perinatal Substance Abuse Treatment Service	850 E. Foothill Blvd. Rialto, CA 92376 Phone: 909.421.9206 FAX: 909.421.9457
ADS/Victor Valley Perinatal Substance Abuse Treatment	11951 Hesperia Rd Hesperia, CA 92345 Phone: 760.956.6780 FAX: 760.956.3761
Adult Residential Services	850 E. Foothill Blvd., Rialto, CA 92376 Phone: 909.421.9495 FAX: 909.421.9494
Agewise	850 E. Foothill Blvd., Rialto, CA 92376 Phone: 909.421.9470 FAX: 909.421-9394
Barstow Counseling Center	805 E. Mt. View, Barstow, CA 92311 Phone: 760.256-5026 FAX: 760.256-5092
Behavioral Health Resource Center-BHRC	850 E. Foothill Blvd., Rialto, CA 92376 Phone: 909.421.9200 FAX: 909.421.9219
Boys & Girls Club Clinic	1180 W. 9 th St., San Bernardino, CA 92411 Phone: 909.388.4295 FAX: 909.381.7900
CalWORKs Barstow	1300 E. Mountain View, Barstow, CA 92311 Phone: 760.256.4303 FAX: 760.256.4255
CalWORKs Fontana	16730 Arrow Route, Fontana, CA 92335 Phone: 909.854.4085 FAX: 909.854.4091
CalWORKs Hesperia	15980 Main St., Hesperia, CA 92345 Phone: 760.948.8704 FAX: 760.948.8725
CalWORKs Morongo Basin	55475 Santa Fe Trail, Yucca Valley, CA 92284 Phone: 760.365.3022 FAX: 760.365.3513
CalWORKs Ontario	1637 E. Holt Street Ste. A, Ontario, CA 91761 Phone: 909.458.9486 FAX: 909.458.9738

CalWORKs Rancho Cucamonga	10825 Arrow Route, 2 nd Floor, Rancho Cucamonga, CA 91730 Phone: 909.945.0926 FAX: 909.945.0819
CalWORKs Redlands	760 E. Stuart Avenue, Redlands, CA 92374 Phone: (909) 307-5209 Fax: (909) 307-5254
CalWORKs San Bernardino	1585 E. Highland Ave., San Bernardino, CA 92404 Phone: 909.475.8574 or 909.475.8591 FAX: 909.386.9450
CalWORKs Victorville	12219 2 nd Ave. 2 nd Floor, Victorville, CA 92392 Phone: 760.955.3597 FAX: 760.955.3668
Centralized Children's Intensive Case Management Services CCICMS	850 E. Foothill Blvd., Rialto, CA 92376 Phone: 909.421.9300 FAX: 909.421.9411
Chino Multiple Diagnosis and ADS Perinatal Substance Abuse	6180 Riverside Dr., Ste. H, Chino, CA 91710 Phone: 909.590.5355 FAX: 909.590.5333
Conditional Release Program CONREP	1330 Cooley Dr., Colton, CA 92324 7:30 TO 5PM Phone: 909.423.0750 FAX: 909.423.0760
Conservatorship Investigation Unit	850 E. Foothill Blvd. Rialto, CA 92376 Phone: 909.421.9380 FAX: 909.421.9494
CCRT –Children's Crisis Response Team	850 E. Foothill Boulevard Rialto, CA 92376 Phone: (909) 421-9233 office Beeper: (909) 420-0560
Disaster Services	700 E. Gilbert St. Bldg. 2, San Bernardino, CA 92415 Phone: 909.386.0733 FAX: 909.386.0738
East Valley Children's Services, located at EVRC, East Valley Resource Center	820 E. Gilbert St., San Bernardino, CA 92415 Phone: 909.387.7200 FAX: 909.387.7717
Hesperia Clinic	14628 Main St., Hesperia, CA 92345 Phone: 760.244.0576 FAX: 760.948.8244
Homeless Program	237 W. Mill St., San Bernardino, CA 92408 Phone: 909.388.4133 Fax: 909.388.4190
Hospital Aftercare Services Central Valley	850 E. Foothill Blvd., Rialto, CA 92376 Phone: 909.421.9365 FAX: 909.421.9392
Hospital Aftercare Services Desert/Mountain	12625 Hesperia Rd., Victorville, CA 92392 Phone: 760.245.6698 FAX: 760.955.2356
Hospital Aftercare Services East Valley	939 North "D" St., San Bernardino, CA 92410 Phone: 909.388.4300 FAX: 909.388.4312

Hospital Aftercare Services West Valley	934 N. Mountain Ave., Suite C, Upland, CA 91786 Phone: 909.579.8100 FAX: 909.579.8149
Housing Program	237 W. Mill St., San Bernardino, CA 92408 Phone: 909.388.4178 FAX: 909.388.4640
Jail Mental Health Systems JMHS	9500 Etiwanda Blvd., Rancho Cucamonga, CA 91739 Phone: 909.463.5234 FAX: 909.463.5233
Juvenile Evaluation and Treatment Services JETS Rancho Cucamonga	9478 Etiwanda Ave., Rancho Cucamonga, CA 91739 Phone: 909.463.7582 FAX: 909.463.7625
Juvenile Evaluation and Treatment Services JETS San Bernardino	900 E. Gilbert St., San Bernardino, CA 92415 Phone: 909.387.6942 FAX: 909.386.0750
Lucerne Valley Clinic	32700 Old Woman Springs Rd, Suite C Lucerne Valley, 92356 Phone: 760.248.6612 FAX: 760.248.3389
Mesa Community Counseling, located at BHRC Behavioral Health Resource Center	850 E. Foothill Blvd, Rialto, CA 92376 Phone: 909.421.9200 FAX: 909.421.9219
Needles Clinic	1300 E. Bailey Ave., Needles, CA 92363 Phone: 760.326.9313 FAX: 760 326-9259
Nueva Vida	290 N. 10 th St., Colton, CA 92324 Phone: 909.825-6188 FAX: 909.872.0652
Passages Program	18000 Institution Road, San Bernardino, CA 92427 Phone: 909.473.3664 FAX: 909.473.2552
Patients' Rights	700 E. Gilbert St., San Bernardino, CA 92415 Phone: 800.440.2391 FAX: 909.386.0770
Phoenix Services	820 E. Gilbert St., San Bernardino, CA 92415 Phone: 909.387.7000 FAX: 909.387.7206
Supervised Treatment After Release Program STAR	1330 Cooley Dr., Colton, CA 92324 Phone: 909.423.0750 FAX: 909.423.0760
T.E.A.M. House	201 W. Mill St., San Bernardino, CA 92408 Phone: 909.386.5000 FAX: 909.386.5009

Alphabetical Listing Continued...

Trona Counseling Center	13209 Market St., Trona, CA 93562 Phone: 760.372.5081 FAX: 760.372.5089
Upland Community Counseling	934 N. Mountain Ave., Ste. D, Upland, CA 91786 Phone: 909.579.8100 Adult Unit Phone: 909.579.8190 Children's Unit FAX: 909.579.8149
Victor Valley Behavioral Health Center	12625 Hesperia Rd., Victorville, CA 92392 Phone: 760.955.1777 FAX: 760 955-2356
Vista Community Counseling	17216 Slover, Bldg. L, Fontana, CA 92337 Phone: 909.854.3420 FAX: 909.428.8437

In case of emergency call 911 or go to the nearest hospital

Arrowhead Regional Medical Center (ARMC)

Emergency Psychiatric Unit

400 N. Pepper Avenue

Colton, CA 92324

(909) 580-1800

ARMC has crisis care and Emergency screenings.

Access Unit: (888)-743-1478

TDD for the Deaf and Hard of Hearing: 888-743-1481

24 hours a day/7 days a week

DBH Children's Crisis Response Team:

(909)-421-9233 OFFICE

(909)-420-0560 BEEPER

8 a.m. to 10 p.m. Monday through Friday; 2 to 10 p.m. Saturday and Sunday

For Emergency Walk-In Mental Health Services After Hours, visit the:

Extended Hours Triage (for Adults)

Behavioral Health Resource Center (BHRC)

850 E. Foothill Boulevard

Rialto, CA 92376

Phone: (909) 421-9342

Walk-In Hours of Operation: Monday through Friday 5:00 pm-10:00 pm

Open Holidays 2:00 p.m. – 10:00 p.m.

Domestic Abuse Hotline:

Child Abuse Hotline: (800)-827-8724

Elder Abuse Hotline:

Alcoholics Anonymous: 800.923.8722 24-hour toll free

Narcotics Anonymous: (909)-622-4274

EMERGENCY NUMBERS

911 Calls from the Access Unit are handled through the San Bernardino Police Department. They have the capability to transfer the call to certain cities outside of San Bernardino. The cities for which the SBPD has convenient transfer capability are:

Colton	Highland	Loma Linda
Rialto	Redlands	Riverside

If an emergency is occurring outside one of these cities, the police or fire department of that city will need to be contacted.

**BELOW ARE THE APPROPRIATE DISPATCH NUMBERS FOR
VARIOUS CITIES IN SAN BERNARDINO COUNTY AND FOR RIVERSIDE:**

Barstow	Police Dispatch	760.256.2211
Chino	Police Dispatch	909.628.1234
Colton	Police Dispatch	911 or 909.825.2211
Fontana	Police Dispatch	909.822.1122
Hesperia	Sheriff's Dispatch	760.245.4211
High Desert	Sheriff's Dispatch	760.245.4211
Loma Linda	Sheriff's Dispatch	909.824.0680
Montclair	Police Dispatch	909.621.4771
Ontario	Police Dispatch	909.986.6711
Redlands	Police Dispatch	911 or 909.793.1911
Rialto	Police Dispatch	911 or 909.820.2550
Riverside	Police Dispatch	911 or 909.787.7911
Upland	Police Dispatch	909.946.7624
Upland	Fire Department	909.983.5911
Victorville	Sheriff's Dispatch	760.245.4211

HOSPITALS

****Psychiatric Unit**

**Arrowhead Regional Medical Center
400 N. Pepper Ave., COLTON 92324
909.580.1000 or 877.873.2762 Toll Free
ADULTS ONLY for PSYCHIATRIC
Barstow Community Hospital
555 S. Seventh Ave., BARSTOW 92311
760.256.1761
Bear Valley Community Hospital
41870 Garstin Dr., BIG BEAR LAKE 92315
909.866.6501
**Canyon Ridge Hospital (Free Standing)
5353 "G" St., CHINO 91710
909.590.3700
CHILDREN with Medi-Cal through age 19
ADULTS with Medi-Cal under 20 or over 65 only
CHILDREN and ADULTS without Medi-Cal accepted as self-pay or with private insurance
Chino Valley Medical Center
5451 Walnut Ave., CHINO 91710
909.464.8600
Colorado River Medical Center
1401 Bailey Ave., NEEDLES 92363
760.326.4531
**Community Hospital of San Bernardino Adults Only
1805 Medical Center Dr, SAN BERNARDINO 92411
909.887.6333

Desert Regional Medical Center
1150 North Indian Canyon Dr., PALM SPRINGS 92262
760.323.6511
Desert Valley Medical Center
16850 Bear Valley Rd. VICTORVILLE 92392
760.241.8000
Hi-Desert Medical Center
6601 White Feather Road JOSHUA TREE 92252
760.366.3711
**Jerry L. Pettis Memorial VA Medical Center
11201 Benton St., LOMA LINDA 92357
909.825.7084
NO MEDI-CAL
Kaiser Permanente Medical Center
9961 Sierra Ave., FONTANA 92335
909.427.5000
NO MEDI-CAL
**Loma Linda University Behavioral Medicine Center, (Free Standing)
1710 Barton Road, REDLANDS 92373
909.793.9333
CHILDREN with Medi-Cal through age 19
ADULTS with Medi-Cal under 20 or over 65 only
CHILDREN and ADULTS without Medi-Cal accepted as self-pay or with private insurance

Loma Linda University Community Medical Center
25333 Barton Road, LOMA LINDA 92354
909.558.6000
Loma Linda University Medical Center
11234 Anderson St., LOMA LINDA 92354
909.824.0800 or 909.558.4000
**Redlands Community Hospital
350 Terracina Blvd, REDLANDS 92373
909.335.5500
ADULTS ONLY
San Antonio Community Hospital
999 San Bernardino Road UPLAND 91786
909.985.2811
San Bernardino Mountains Community Hospital
29101 Hospital Rd. LAKE ARROWHEAD 92352
909.336.3651
St. Bernardine Medical Center
2101 N. Waterman Ave. SAN BERNARDINO 92404
909.883.8711
St. Mary Medical Center
18300 Highway 18 APPLE VALLEY 92307
760.242.-2311
Victor Valley Community Hospital
15248 11 th St. VICTORVILLE 92392
760.245.8691

INFORMATION, REFERRAL, SELF-HELP AND SUPPORT GROUPS

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INFORMATION, REFERRAL, SELF-HELP AND SUPPORT GROUPS

ADD-ATTENTION DEFICIT DISORDER

CHADD (Children with ADD)

800.233.4050

ADDICTION

Al-Anon

909.824.1516

Gamblers Anonymous HOTLINE

877-423-6752 (877-GAFORLA)

Alcoholics Anonymous

909.825.4700 or 909.370.3568

800.923.8722 24-hour toll free

Narcotics Anonymous

909.370.3568

760.243.9248 High Desert

Cocaine Anonymous

909.359.3895

Overeaters Anonymous

909.887.7972

Codependents Anonymous

909.686.1917

Sex Addicts Anonymous

213.896.2964

Debtors Anonymous

310.855.8752

Shoplifters Anonymous HOTLINE

800.848.959

Emotions Anonymous--Depression, Bipolar

909.875.2894

Tobacco Use Reduction Now (TURN)

800.637.6653

Adults

ADULT PROTECTIVE SERVICES

877.565.2020 HOTLINE, 24-hour Toll Free

Department of Aging and Adult Services

Barstow 760.256.5544

Needles 760.326.9224

East Valley 909.388.4502

Victor Valley 760.243.6637

Senior WarmLine, Senior Outreach—regular phoning, food, bus passes, gas & utilities

909.866.5070

AIDS

AIDS, Inland AIDS Project, Living with AIDS

909.784.2437

800.499.2437

AIDS HOTLINE, California

800.367.2437 English, Spanish

800.228.2437 TDD

AIDS/Sexually Transmitted Disease (STD) Control

909.383.3060

Anger Management
Caritas Counseling of Catholic Charities (classes)
909.370.1293 Main number
760.242.2311 X 8368 High Desert for Housing problems only
Court Ordered 52 week Anger Management courses
909.384.1888 List of sites where courses are offered can be picked up at Criminal Traffic Window, 351 No. Arrowhead Ave., San Bernardino
760.243.8600 Victorville, List of sites where courses are offered can be picked up at 14455 Civic Drive, Victorville
Family Service Agency of Crestline, Court ordered and voluntary Classes for MEN ONLY
909.338.4689
Family Service of Fontana, Court ordered and voluntary
909.822.3533
Family Service Agency of San Bernardino
909.886.6737
Highland Guidance Center (formerly RYGCA)
P (909) 425 - 9316
The anger management class does not meet the 52-week court mandated anger management course. It costs \$25 for enrollment and \$10 for each of the 8 weekly sessions. She stated that course could be extended to 16 weeks if the court requires it for certain individuals.
Lutheran Social Services
909.866.5070
Rolling Start, FREE anger management classes
909.884.2129
Cancer
American Cancer Society
909.683.6415
800.227.2345 Toll Free
Breast Cancer Support
909.337.2581
Cancer Support Groups
800.332.2382 for women and teens
Leukemia, Lymphoma & Hodgkin's Diseases--patients & family support, financial aid
888.535.9300
Laryngopharyngectomy, Nu Voice Club
909.984.4904
Prostate Cancer Support
909.427.6340

Caregivers

Caregivers Support Group, Caregivers for Alzheimer's, Parkinson's, Brain Injury, ALS
909.558.6196

Caregivers Support Group, Caregivers for elderly, Calimesa
909.798.1667

Caregivers Support Group, Caregivers for Parkinson's patients, Rancho Mirage
760.773.1480

Caregivers Support & Information, Caregivers for Leukemia & Lymphoma patients
888.535.9300

Inland Caregivers Resource Center
800.675.6694

Personal Care Attendant Training for Caregivers for physically & mentally disabled
909.884.2129

Children and Adolescents

CPS-CHILD ABUSE HOTLINES

909.384.9233 San Bernardino 760.326.9276 Needles 800.422.4918 Riverside Co

Big Brothers Big Sisters of Greater Los Angeles and the Inland Empire
800.207.7567

Productivity and Success Training for teens
909.866.5070

California Children Services, Case management, treatment, physical therapy & other services
909.387.8400

Safe House (crisis shelter ages 12-17) (transitional living, 18-21) Project Safeplace
909.351.4418

Children of the Night HOTLINE
Child /teen prostitutes
800.551.1300

Value Options (ASO-Administrative Services Organization), for minors with Medi-Cal in placement outside their home counties
800.236.0756

Covenant House crisis line
800.999.9999

Work Enforcement Act, for teens at risk for leaving school or who have dropped out of school
909.866.5070

Early Start, birth to 3 years old
909.890.4711

Youth Crisis Hotline
800.448.4663

National Center, missing/exploited children
800.843.5678

Credit Counselors	
Springboard, Consumer Credit Counselors	
909.781.0114	
Death/Hospice	
Bereavement Support Group, ask for Linda	
909.672.1666	
California Hospice Association	
916.441.3770	
Compassionate Friends (After the death of a child)	
877.969.0010 Toll Free	
Compassionate Friends (After the death of a child) San Gabriel/Pomona Valley Chapter	
626.919.7206	
Compassionate Friends (After the death of a child) Redlands Chapter	
909.792.6358 or 800.717.0373 Toll Free	
Compassionate Friends (After the death of a child) Riverside/Inland Empire	
909.689.3072 or 909.683.4160	
Family/Friends of Murder Victims & attempted murder victims; contact, Rose Madsen	
909.798.4803 X 4	
Inland Aids Project	
800.499.2437	
909.784.2437	
Parents of Murdered Children, POMC	
888.818.POMC	
888.818.7662	
Sudden Infant Death Syndrome, SIDS	
American SIDS Institute	
800.232.7437	
SIDS Alliance	
800.221.7437	
Developmentally Disabled	
Inland Regional Center	Inland Regional Center, Early Start, birth to 3 years old
909.890.3000	909.890.4711
Goodwill Industries	
909.885.3831	

Domestic Violence
Alternatives to Domestic Violence
760.247.5699
Batterers Treatment Program, Family Service Agency, Fontana
909.822.3533
Batterers Treatment Program, Lutheran Social Services
909.866.5070
Court Ordered 52 week Domestic Violence courses
909.384.1888 List of sites where courses are offered can be picked up at Criminal Traffic
Window, 351 No. Arrowhead Ave., San Bernardino
760.243.8601 Victorville, List of sites where courses are offered can be picked up at
14455 Civic Drive, Victorville.
D.O.V.E.S., Domestic Violence Education Services
909.866.5723 HOTLINE, Big Bear; Service Site, 909.866.1546
909.867.7700 HOTLINE, Rim of the World; Service Site, 909.337.8581
Domestic Violence National HOTLINE
800.799.7233 Toll Free
Domestic violence 52 week probation program, Lutheran Social Services
909.866.5070
High Desert Domestic Violence Program, Inc.
760.949.4357 HOTLINE; Administration/Outreach, 760.843.0701
House of Ruth
909.988.5559 HOTLINE; Business/Pomona site, 909.623.4364; Ontario site, 909.984.8282
Lucerne Valley Domestic Violence Outreach
760.248.2064 HOTLINE; Business, 760.248.2377
Morongo Basin Unity House
866.367.6638 TOLL FREE HOTLINE; Business, 760.366.9663
Option House
909.381.3471 HOTLINE; Administration, 909.383.1602 Service sites, 909.884.4802; 909.884.4813
Project Sister (Assault Services)
909.626.4357 HOTLINE; Business, 909.623.1619
San Bernardino Sexual Assault Services
909.885.8884, San Bernardino 909.790.9374, Yucaipa
Veronica's Home of Mercy
909.888.9064
Victor Valley Domestic Violence, Inc.
760.955.8723 HOTLINE; Business, 760.955.8010

Lesbian, Gay, Bisexual, Transgender and Intersexual			
Lesbian, Gay, Bisexual & Transgender Resource Center			
909.787.2267			
PFLAG, Parents, Families and Friends of Lesbians and Gays			
909.335.2005 Redlands			
310.472.8952 Los Angeles			
760.202.4430 Palm Springs			
Insurance Companies			
Blue Shield of California	800.424.6521	Molina	800.986.4649
IEHP Inland Empire Health Plan	800.440.4347	PacifiCare Behavioral Health	800.884.5423
Health Net	888.231.9473	UHP Healthcare	800.544.0088
Kaiser	800.464.4000	Universal Care	800.635.666
Homeless, Shelters			
CAPSBC, Homeless assistance	Home Again, Redlands	Homeless Program	
909.891.3950	909.792.9626	909.388.4133	
Catholic Charities	Homeless Coalition	Project Life, drug free/homeless	
909.388.1239	909.891.3884	760.949.9722 or 760.949.96	
Legal Services			
Adoption, Foster Care, Juvenile Dependency, Wards of the State--Burcham & Stern, Law Firm			
909.890.9977			
Child Custody, Child Support, Child Visitation, Child Guardianship, Divorce, Eviction			
800.200.0982			
Inland Counties Legal			
909.884.8615			
Landlord Tenant Disputes, Inland Mediation Board			
800.321.0911			
909.984.2254			
Legal Aid			
909.475.1660			
909.890.9944			
Legal Aid Clinic of Redlands			
909.792.2762			
Protection and Advocacy, for discrimination due to disability, denial of medical benefits			
800.776.5746			

(Continued on next page)

LEGAL SERVICES (CONTINUED)
San Bernardino County Public Defender
909-387-8373
San Bernardino County Public Defender Juvenile Division
909.387.7525
San Bernardino County Public Guardian
909.387.2536
U.S. Attorney's Office
213. 894.2434
U.S. Bankruptcy Court
909.774.1000
MADD, Mothers Against Drunk Drivers
909.888.6233
Medical
Alzheimer's Association
800-660-1993
Amputee Information and self help groups
909.794.1179
Arthritis Support Group
909.427.3946
Asthma, Breathing Disorders—American Lung Association
909.884.5864
Brain Injury, BIACA, Brain Injury Association of California
888.662.4222
888.66-BIACA
Chronic Fatigue & Immune Dysfunction
800.442.3437
Diabetes & Juvenile Diabetes Foundation
909.424.0100

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MEDICAL (continued)

Revised 6/20/06

MEDICAL (CONTINUED)
Easter Seals
800.922.7325 (Head injuries/Strokes)
909.888.4125
Laryngopharyngectomy, Nu Voice Club
909.984.4904
Leukemia, Lymphoma & Hodgkin's Diseases--patients & family support, financial aid
888.535.9300
Parkinson's Disease Support
760.773.1480
Physically Challenged, Rolling Start
909.884.2129
Stroke Support
909.888.4125
Stuttering, National Stuttering Association
800.364.1677
Transplant, United Organ Transplant Association
909.923.7114
Transplant, Waiting for Transplant Center
909.881.4429
Visiting Nurse Association
San Bernardino 909.624.3574 Riverside 909.413.1280
Barstow 760.256.2016 Victorville 760.962.1966 Yucca Valley 909.365.8314
Wellness Group for people with chronic/terminal illnesses
909.866.5070
Mental Health/Mental Illness
Mental Health Commission
909.421.9409
NAMI, National Alliance for the Mentally Ill
800.950.6264 or 800.950.NAMI, National phone number, 10am-5pm EST
Local Chapters
909.923.6817 NAMI Chino Hills "Valley"; also, 909.627.1163 or 909.923.7517
909.899.3093 NAMI Inland Valley, Upland; also 909.948.0554; or May Farr, 909.985.7705
760.955.3787 NAMI High Desert area, Terry Seal; or Loretta Berumen, 760.241.7551,
760.369.2007 NAMI Morongo Basin area, Yucca Valley, Beverly Scott
760.363.9266 NAMI Patton State Hospital, Betty Corsaro, Chairperson
909.824.8060 NAMI San Bernardino area, Doris Turner; also, 909.824.7337

Parenting	
Boys and Girls Club, occasional FREE classes open to all-check current info before referral	
909.388.4295	
Caritas Counseling, FREE	
909.370.1293 Main number	
CUIDAR-SB, Community University Initiative for the Development of Attention and Readiness	
A First 5 Early Intervention Program	
909.880.5945 FREE parenting classes	
4 or 10 session courses, in Spanish and English, focus on parenting skills to help parents with young children up to 6 years old, free childcare up to 12 yrs for parents attending classes, social skills program for children 3-6 years old during parenting class.	
Family Service Agency of San Bernardino, SLIDING SCALE	
909.886.6737	
First 5 San Bernardino—see CUIDAR-SB above	
Highland Guidance Center (formerly RYGCA)	
P (909) 425 - 9316	
Parenting classes cost \$35 for enrollment and \$10 per each of the 16 classes that cover the entire course.	
Loma Linda University Marriage and Family Therapy Clinic, \$60.00	
909.558.4934	
Lutheran Social Services, SLIDING SCALE	
909.866.5070	
Rape	
951.686.7273 Rape Crisis Hotline/Rape Crisis Center, Riverside	
909.885.8884 San Bernardino Sexual Assault Services, San Bernardino	
909.790.9374 San Bernardino Sexual Assault Services, Yucaipa	
Salvation Army	
909.889.9605 San Bernardino	
909.792.6868 Redlands	
Veterans	
Jerry L. Pettis Memorial VA Medical Center	San Bernardino Vet's Center
909.825.7084	909.890.0797
Victims	
Victims of Violent Crime	Victims of Sexual Abuse classes
909.387.6837 San Bernardino	760.256.7279 Barstow
760.243.8619 Victorville	760.947.4220 Victorville
Victim/Witness Program	Women's AMAC Groups, at Inland Behavioral
909.387.6540	(Adults Molested As Children)
909.881.6146	

PRIVATE AGENCIES AND COUNSELING

Caritas Counseling	909 370-1293 Main Number
Individual, Family, Child, Adolescent, Couple/Marriage Counseling, Parenting Classes, Anger Management classes, Family Program for Foster and Adoptive Families	
• San Bernardino area and High Desert	909 370-1293 Main Number
• High Desert	760 242-2311 X 8368
For clients to call locally, voice mail only, someone will return clients' calls.	
NOTE: This number is at St. Mary Medical Center; the extension is correct for Caritas.	
• Riverside County and Low Desert	760.674.9066
For clients to call locally, voice mail only, someone will return clients' calls.	
Catholic Charities	909.388.1239 Main Number
Food, utilities assistance, rental assistance, vouchers for shelter	
• San Bernardino and High Desert	909.388.1239
• High Desert	760.242.2311 X 8454
• Riverside County and Low Desert	760.202.1222
Chino Youth and Family Services, Chino Human Services	909.591.9822
Short term counseling FREE to low-income Chino residents, \$20 a session for non-residents.	
Christian Counseling Service	909.793.1078
Grants for families with children 5 and under	
Community Action Partnership of San Bernardino County (CAPSBC)	909.891.3863 Administration
Serves 78 San Bernardino County cities and communities	
SEE ADDENDUM FOR COMPLETE DIRECTORY INFORMATION	
• Children's Programs	909.891.3950
Camp, Learning Excursions, Christmas Celebration-- low income/homeless children	
• Energy Conservation/Weatherization	909.885.1219 or 800.635.4618
Free weatherization, utility rebate, inspections for home lead hazard, education programs	
• Family Development Program	909.891.3950
Low income/Homeless-rent/mortgage assistance, emergency assistance-food vouchers, transportation, diapers, blankets	
• Food Bank/Congregate Feeding Program	909.386-5011
• Food Stamp Employment & Training	909.891.3765 or 888.743.1477
• Homeless Coalition	909.891.3884
• Seniors Nutrition Program	909.891.3936
No cost meals—60 & older, congregate dining rooms, Meals on Wheels home delivery	

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PRIVATE AGENCIES AND COUNSELING (continued)

Community Counseling Center, California State University, San Bernardino		909.880.5569
Adult individual psychotherapy only, graduate students supervised by PhD's, can be weekly from Sept. to June..\$10 per session or fee can be waived.		
Family Service Agency		909.886.6737 Main Number
Except as noted, individual, couple, family, child and adolescent counseling, sliding fee		
• Family Service Agency, Alternative Choices		909.888.4440
Gang Prevention for families with children ages 10-17; anger management, victim awareness		
• Family Service Agency, Crestline		909.338.4689
Also anger management, only for men		
• Family Service Agency, Fontana		909.822.3533
Batterers Treatment Program, court ordered; Teen Program, court ordered/voluntary, anger management, drug & alcohol, victim awareness; no other services offered at this location		
• Family Service Agency, San Bernardino		909.886.6737
Also groups—Women, Men, Children, Adolescent, Parent; Parenting Classes, Anger Management Classes NOTE: NO LONGER HAVE A PSYCHIATRIST		
Family Service Association/Home Again, Redlands		909.792.9626
Services for homeless families, disabled, elderly-counseling groups, emergency vouchers, rent assistance, some clothing and furniture		
Jewish Family Services of the Inland Communities		888.537.4545
Individual and group counseling, 18 and older; sliding fee; Mon, Tues, Wed, 10-2 only		
Loma Linda University Behavioral Medical Center, Dept of Psychiatry Residency Clinic Outpatient Services		909.558.4505
18 and older, have a mental illness, be sober, be willing to have psychotherapy; individual counseling and medication evaluation by MD residents		
Loma Linda University Marriage and Family Therapy Clinic		909.558.4934
Group, individual, children, couples, families; sliding fee \$25-\$80; Parenting class, \$60		
San Bernardino Vet's Center		909.890.0797
Trauma related, readjustment, PTSD; no fee for eligible veterans		

PUBLIC AGENCIES/ENTITLEMENTS	
Benefits-how to apply, Public Social Services Programs	800.952.5253
Board & Care Licensing/Community Care Licensing	951.782.4207
California Department of Consumer Affairs	800.344.9940
California Department of Social Services	800.952.5253
1. State Fair Hearing Information	
2. Medi-Cal Information	
3. Public Social Services Programs and how to apply for benefits—Eligibility workers, CalWORKS, Food Stamps, Medical Programs, In Home Care Programs, Protective Services for Children and Adults, Other programs for adults	
4. Programs handled by the Social Security office—SSI, Medicare and SS Retirement & Disability	
5. Child Support Information	
6. Information about CalWORKS cost of living increase	
7. Other information	
Food Stamps	909.386.5404
Healthy Families	800.880.5305
To request application for insurance for children	
I.H.S.S., In Home Support Services	909.388.4502
I.H.S.S., High Desert area and Wrightwood	760.843.5100
Medi-Cal Fraud	800.822.6222
Medi-Cal General Information	800.952.5253
TAD—Transitional Assistance Department, for: Cash Aid, Food Stamps, Medi-Cal, including change to new county	
San Bernardino	909.386.5404
Existing cases	800.247.5816
New cases	909.386.9502
Hesperia	760.947.1739
Needles	760.326.9260
Upland	909.945.0781
Victorville	Direct Line for clients -- 760.955.5840
	Line with Menu options -- 760.241.8618 or
	760.243.7598
Yucca Valley	760.228.5444
Medicare Information	800.633.4227

Patients' Rights	800.440.2391	
State Fair Hearing	800.952.5253	
Protection and Advocacy	800.776.5746	
Discrimination due to disability, denial of		
Medical benefits, information on legal rights to		
Education and access to services		
Public Guardian's Office	909.387.2536	
Public Health, Department of	909.387.6280	
	800.782.4264 TOLL FREE	
	909.387.6359 TDD	
Section 8 Housing		
County of San Bernardino	909.884.1811	
City of Fontana	909.983.1318	
City of Needles	760.326.3222	
City of Upland	909.982.2649 x35	
(If client lives in Fontana, Needles or Upland, refer first to the city number. For all others, refer to the San Bernardino County number.)		
SELPA (Special Education Local Plan Area)		
Desert Mountain SELPA, Jennifer Sutton	760. 242.6333	7:30am – 4:30pm
Social Security Administration	800.772.1213	
West End Special Education Learning Program WESELPA	909.608.0487	
1800 E. 7 th St., Ontario, CA 91764		
FAX: 909.949.9841		
WIC (The Women, Infants, and Children nutrition program)		
Ontario, Chino, Rancho Cucamonga	909.458.1156	
Desert (760 area code)	800.472.2321	
All other areas	909.387.8301	

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